



Ready's Recycle News

Preble County Solid Waste District

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 Preble County Solid Waste
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“Don’t Throw It Away, Recycle Today!” Issue

2019 Earth Day Event at PVM Camp Teaches Students to be Eco-Friendly

It was a beautiful day (not raining) at this year's 2019 Earth Day event held at Pleasant Vineyard Ministries Camp. The students were excited to start their Earth Day activities. The May 2, 2019 event was put together for around 500 students and featured 24 presenters speaking on topics ranging from recycling, and natural resource conservation, to wildlife preservation, land-use management, soils, and fish biology.

The students enjoyed hands-on activities and demonstrations and asked questions at each station to increase their knowledge about how to better take care of our Earth for its human and animal occupants. Everything went smoothly this year and many of the teachers and presenters remarked about how engaged the students were in the discussions and about

how well-behaved and environmentally conscious all the students were. The Twin Valley South FFA student did a wonderful job with helping the presenters and students at one of the stations. Thanks go out to all of the five Preble County schools that were in attendance, because without you, Earth Day would not be possible. A special acknowledgement goes out to all of the presenters for sharing their time, knowledge, and talents with the students and adults in attendance. This office would like to acknowledge PVM Camp for allowing the use of its grounds again this year and for putting on such a great learning event for everyone.

In addition to all of the fun activities that students participated in during Earth Day, the Preble County Solid Waste District announced the winner of its Earth Day Poster Contest. This contest

was open to all Preble County 6th grade students and the challenge was for them to create a drawing emphasizing the theme: “Don’t throw it away, recycle today!” Three winners were chosen from the many drawings that were submitted and the winning student got her drawing put on a special tee shirt for herself, her homeroom class, and her teacher. The student also received a framed certificate of their drawing as well as a \$75 Visa gift card. (donated by Rumpke). The 2019 Earth Day Poster Contest Winners included: 1st place- Jacey McQueen (Eaton Community Schools), 2nd place- Deztiny Landerer (Tri-County North Schools), and 3rd place- Katie Simpson (Tri-County North Schools). Congratulations! We hope everyone had a wonderful Earth Day event experience. Earth Day should be everyday!



1st place Earth Day Poster Contest Winner: Jacey McQueen



Three Wonderful Books to Explore Topics for Celebrating Earth Day...

[The Tree Lady: The True Story of How One Tree-Loving Woman Changed a City Forever](#) by H. Joseph Hopkins

Explore the true story of the woman who brought trees to the desert-like city of San Diego, California, American botanist, horticulturalist, and landscape architect Katherine Olivia Sessions. The gardens and parks Kate Sessions helped build can still be found all over San Diego. Sometimes “going green” means more than just recycling and conserving energy; it can also mean encouraging your com-

munity to embrace the beauty of nature.

[One Plastic Bag: Isatou Ceesay and the Recycling Women of the Gambia](#) by Miranda Paul

One day in Njau, Gambia, a young woman named Isatou Ceesay discovers a plastic bag on the ground while she is picking fruit. At first, she loves the plastic bag, but more and more plastic bags begin to blow around her home and she realizes that they are not as wonderful as she thought and that they are beginning to make an ugly mess in her community.

She finds a creative solution to recycle the old plastic bags thereby helping to clean and empower her community.

[Ada's Violin: The Story of the Recycled Orchestra of Paraguay](#) by Susan Hood

This book tells the story of the real-life [Recycled Orchestra](#), an orchestra in Paraguay made up of children who play instruments made out of recycled trash. Ada Ríos, who lives in Cateura, a town built on a landfill, has always wanted to learn to

play the violin but knows she cannot afford one. Then one day, an engineer named Favio Chávez begins teaching music to the children of Cateura and, with the help of the town gancheros (recyclers), builds instruments for the children from the trash around them. Together, the children work hard to practice their instruments and go on to become the Recycled Orchestra, earning fame from around the world. *Article found at: <https://blog.edmentum.com/free-resources-read-alouds-celebrate-earth-day>



The History of Earth Day and Why it is Important...

Inspiration for Earth Day- Senator Gaylord Nelson thought of creating a special day to celebrate planet Earth because he was worried about its fate. The senator talked to members of Congress and the president about pollution and other environmental-related planetary problems. President Kennedy began visiting parts of the U.S. to discuss these problems.

Creation of Earth Day-

Senator Nelson and others still didn't think enough was being done to help Earth, so they created Earth Day as a way to teach people about the importance of improving our environment. Senator Nelson wrote to colleges and put an article in Scholastic magazine hoping children would join Earth Day's cause. After word got around, the first Earth Day was held April 22, 1970.

Why Earth Day is Important-

Earth Day is now a celebrated event in more than 192 countries. Its purpose is to increase environmental awareness among people. Some ideas advanced by

observers of Earth Day include convincing people to buy green products, helping people focus on the concepts of Reduce, Reuse, Recycle, and pledging friends and family to fight against global warming. Many people take part in Earth Day activities such as community environmental clean-ups, planting trees and saplings, collecting and removing garbage, imparting environmental education to others, cleaning of roadways and parks, signing petitions, and showing environmentally-themed movies plus more.

Earth Day is dedicated to increasing awareness about the Earth and its issues and problems. Today, more than 1 billion people now participate in Earth Day activities each year, making it the largest civic observance in the world. As a result of this remarkable event, various policy agreements and acts have been sanctioned such as the Clean Air Act, Clean Water Act, Endangered Species Act and many others.

Earth Day has gained tremendous significance over the years. This is due to the fact that people around the world have witnessed food shortages, sky rocketing fuel prices, and

increasing global warming which triggers changing weather patterns. Earth Day is a day that acknowledges the importance of our planet. People come to know about the contemporary environmental issues such as global warming, depleting resources, etc. Both adults and kids become conscious about the strategies and tactics which they can adopt in their day to day life to help ensure cleaner environments.

*Adapted from an article found at:

<http://www.conserve-energy-future.com/earth-day-facts-and-significance>

Did You Know?

Trash Facts. The average American throws away 4.5 pounds of trash a day. To give you an idea of how much trash we generate here in the United States, imagine a hole the size of a football field, including the end zones. If we bury all of the trash we produce in just one year, that hole would be 100 miles deep! See why we should recycle?



Remember:

Reduce, Reuse, & Recycle!



Earth Day Cookie Recipe for You To Try!

Ingredients: 1 (17.5 oz) bag sugar cookie mix, plus ingredients called for on package

6 Blue and green food coloring

Directions: 1. Preheat oven to 375 degrees and line 2 baking sheets with parchment. Prepare sugar cookie mix according to package directions. Place about 1/4 of dough in one bowl and dye to desired color using green food coloring. Dye remaining

dough blue to desired color. 2. Pull out pieces of each color and shape into 1 inch balls patching if necessary to create Earth effect 3. Place cookie dough on prepared baking sheets and bake 8 to 9 minutes, or until edges are set (try to prevent browning). Now you have delicious cookie treats to share with family and friends on Earth Day! *Recipe from Delish.com

20 Earth Day Tips for Kids and Families

There are so many ways kids can help take care of the Earth – big and small – and some of these can happen each day or seasonally. Here's a list of some ideas kids can do to promote loving the Earth every day:

Turn off the lights. This one is so simple but just turning off the lights in the hallway or when you leave a room can have a big impact.

Turn off the water. While brushing your teeth or even washing the dishes, make sure to turn off the water in between.

Plant a tree or a bush. This is something kids can do with their families in the spring and the fall. Adding trees and bushes to your environment helps to promote air quality.

Plant perennial flowers. Planting flowers is always a fun spring activity, but you can also plant bulbs in the fall so that they come up year after year too. Continually adding beautiful flowers to your home will be something you can all look forward to year-after-year as they bloom.

Clean up a park or forest preserve. Kids can go on a little field trip to clean up area of the planet that could use a little help. Grab some plastic gloves, a garbage bag and find a park or a forest area that could use a little litter clean-up. If you have older children you can adopt a section of highway, which are often the areas that are most in need. Make a bag for plastic, one for paper and one for actual trash so you can make the most out of the clean-up and recycle too.

Feed the animals. Feeding the animals in your backyard or at a local pond is a great way to help kids feel like they are taking care of the planet. Kids always love this one and it makes the animals happy too. Make a bird feeder or leave some fruit out on the branches of trees for rabbits and squirrels. Just keep in mind the proper food for the animals. For instance, bread and ducks shouldn't go together, but you can feed them corn.

Gather and recycle batteries. You might have a bunch of batteries in your house thanks to cameras, etc., but you shouldn't just throw them away. If you throw them in the trash the chemicals inside will seep into the ground as they begin to rot in landfills. The chemicals can get into the soil and the water, which becomes dangerous for us. You can take your old batteries to the Household Hazardous Waste trailer for free at the Preble County Landfill Monday through Friday during regular landfill hours.

Use glass bottles. While plastic seems easier, glass bottles have become a very viable option for people recently. You can find these in everything from baby bottles to adult water bottles. They're often wrapped in silicone and glass will contain no chemicals. Additionally, you can heat glass to higher temperatures, and it doesn't absorb odors or flavors like plastic bottle counterparts. You can find these types of water bottles on websites such as _____.

Buy items that have been made out of recyclable materials. Most people now buy recycled paper but you can buy a lot of other materials made out of recyclables too. If you buy plastic items, make sure they're items made from recycled plastic.

***This article is continued on the back page.**



Remember to recycle at home. Almost all packaging for food can be recycled. Make a trash can inside your house for the recycled materials so you can easily put bulky bottles and broken-down boxes in there versus the trash. If you use this system you will be more likely to recycle the goods and products you use. You can find a lot of options for dual trash/recycle cans.

Take shorter showers. You know the benefits of taking a long, hot shower but there's long-term benefits for the planet when you limit your shower or don't fill the bath tub as high. According to Boston University, the average American uses 25,300 gallons of water a year. That's more than 69 gallons daily and an average shower can use 5 gallons of water per minute.

Unplug. Don't just disconnect your life from your devices, literally unplug things from the wall. Most appliances and devices are still using energy whether they are flipped on or not. According to the United States Department of Energy, about 75 percent of electricity used to power a home is consumed when appliances are turned off. Unplugging the power strips, the phone cords or even some of your appliances you aren't using will help to conserve energy. That's good for the environment and you.

Use reusable bags at the store. Stock up on reusable bags for shopping trips or ask for paper instead. This keeps plastic bags out of landfills. Paper bags are usually made out of recycled paper so make sure to keep it going and recycle them when you get home too.

Use non-toxic cleaners. Nowadays there are many non-toxic cleaners on the market for you to pick from, or you can also make your own. Non-toxic cleaners are not only better for the environment, but they are better for your family.

Go car-free. This one is challenging for some people, especially if you live in a colder, Northern climate next to a cornfield. However, you can make the pledge with your family to go without using the car for one day a month or one day a week. Every little bit helps.

Make sculptures or usable things from junk. The concept of using other people's junk to make something useable and beautiful is a good one. Kids can easily make a birdhouse from a milk carton or a pin-wheel from plastic containers. Kids learning how to use these items differently will also inspire them to be creative.

Recycle old cell phones. How many old cell phones do you have sitting around? Recycling them helps to prevent air and water pollution that occurs during manufacturing. The materials, including the plastic components, can also be used to make jewelry, other electronics and in automotive manufacturing.

Replace regular lightbulbs with Compact Fluorescent Lights. Compact Fluorescent Lightbulbs use about 70 percent less energy than regular light bulbs and are also said to last longer.

Eat sustainable food. Eating organic, sustainable food is a choice a lot of people are making now, and your family can also do this to help the planet every day. Since our resources are not unlimited, making sure your food is sustainable is a wise choice not only for the planet, but for everyone.

Buy clothing made from sustainable, natural materials. There are a lot of manufacturers out there now that are making clothing from sustainable, natural materials. They are a bit more expensive than a traditional, polyester shirt but you'll feel the different in the quality. Visit: <https://www.moneycrashers.com/buy-sustainable-ecofriendly-clothes-budget/> to find out how to buy these pieces of clothing.

* Article found at: <https://www.theeverydaymomlife.com/mom-life/earth-day-tips/>

